

## Building EI Capital

Emotional intelligence (EI) is about understanding yourself and relating to others. Reasons to value EI:

### Leadership Effectiveness

Emotional intelligence has been found to be twice as important as technical skills and pure intellect for excellent performance in jobs at all levels.

### Employee Performance

Leaders' self-awareness, empathy and rapport with others drives everyone else's moods and behavior through a neurological process called mood contagion.

### Business Success

Difficult to manage relationships sabotage more business than anything else – it's not a question of strategy.

### Talent Retention

Research findings show that employees don't leave their organizations; they leave their leaders.

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## Self Assessment

### Self-knowledge sets us free.

Our rapidly evolving world requires leaders be continually adaptive. That requires a mindset of openness – to take stock, to reflect on experience, to learn and stretch.

From the employee perspective, who would you rather follow -- someone who knows his strengths and limits, who understands why she does what she does, who is open to feedback and admits mistakes – or someone who appears as if he knows everything and has the one right way?

Thoughtfully-selected assessment tools can be invaluable for accelerating your self-knowledge and learning. **LMH Services** can provide **skillful interpretation and integration** of the very best tools addressing:

- ▶ Leadership style
- ▶ Emotional intelligence
- ▶ Personality and strengths
- ▶ Communication style
- ▶ Career interests

[Clients click here](#)



### Self Assessment – The Inside View

Count on **LMH Services** to assist you with a portfolio of tools designed to sharpen your leadership from the inside out.

Contact us to discuss your interests in leadership assessment.