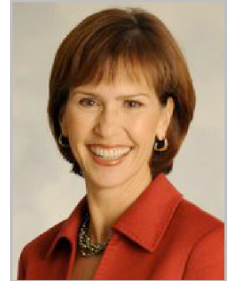


## Meet Lynne Hornyak

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**Lynne Hornyak** is the founder of **LMH Services**, specializing in leadership development including executive assessment and coaching. Trained as a clinical psychologist and professional coach, she coaches professionals to be more effective, successful, and authentic in their leadership roles and careers. Lynne also brings her extensive background in assessment and evidence-based methods to the LMH Services portfolio. Certified in a variety of self-assessment and 360-degree feedback tools, her latest focus is designing customized 360-degree assessment programs for organizations.



**Lynne Hornyak, Ph.D., PCC**  
Principal, LMH Services

Prior to coaching, Lynne maintained a thriving therapy practice in downtown Washington, D.C., directed a mental health clinic, taught psychology courses at the Pentagon, conducted workshops and trainings in her specialty areas, and edited two professional books. She held offices on the boards of ten non-profit organizations over a period of fifteen years. Lynne entered the emerging field of coaching in the late 1990s, bridging from clinical work to partnering with organizations. With experience across a range of industries from defense and technology through financial, legal, and consultative businesses, Lynne combines her familiarity with common leadership needs and challenges with a dedication to fully understanding each client's personal and business context.

Lynne received her Ph.D. in clinical psychology from Catholic University of America, Washington, DC and attained certification as a Professional Certified Coach (PCC) through the International Coach Federation (ICF). A graduate of the MentorCoach Program (MCP), she served on its training faculty, mentoring and instructing other coaching professionals. For the past seven years, Lynne has designed and implemented customized executive coach training programs for corporations.

Writing for the general public as well as professional audiences, Lynne has authored numerous book chapters, articles, and newsletters in her areas of specialty. Her background includes influential communication, stress management, performance enhancement in the workplace, health and wellness, and the psychology of money. Lynne's current interests focus on applications of positive psychology in the workplace, and expansion of coaching capabilities to teams, partnerships and the workforce in general.

Lynne is a member of the American Psychological Association (APA) Division of Consulting Psychology, International Coach Federation (ICF), American Society of Training and Development (ASTD), and Society of Psychologists in Management (SPIM). She has attained Fellow status in four professional associations.

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