

Your Business is My Business: Coaching for Success and Prosperity

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10 Signs that You and Your Business Could Benefit from Coaching

1. Your business dream is a dream not a vision.
2. You're not sure how to make your business vision into a reality.
3. You're overwhelmed by all there is to do for your business.
4. You know that you are working hard but not sure that you are "working smart."
5. There's always something that gets in the way of writing your business plan.
6. Your life serves your business rather than your business serving your life.
7. You want to grow your business but feel stuck.
8. Your employees seem to manage you rather than you managing them.
9. You are "lonely at the top" and wish for an objective, experienced person with whom you could complain, consult, brainstorm.
10. You don't remember what a weekend is.

10 Ways that Coaching Can Benefit You and Your Business

1. You define your vision.
2. You clarify and implement a sequence of action steps toward your goal.
3. You identify essential tasks, set priorities and delegate effectively.
4. You analyze your approach and identify "work smarter" goals.
5. You complete and implement your business plan.
6. You attain greater balance between your professional and personal life
7. You learn to "vision big" and gain the skills to grow your business.
8. You enhance your communication and management skills.
9. You share your deepest thoughts and concerns, tap into your inner resources for solutions.
10. You enhance your self-care and learn what it's like to have fun again.